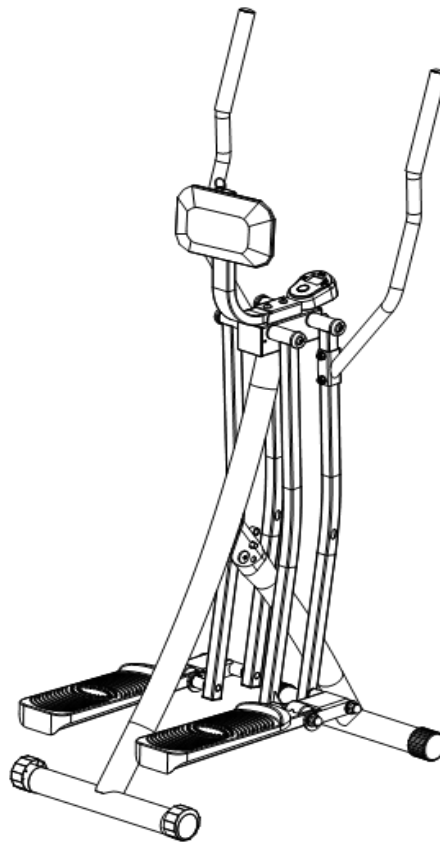




User Manual



Smart Air Walk Trainer

SF-E902SMART

EN

IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US.**

Important Safety Information

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical condition that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 2 feet (60 cm) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 220 lbs (100 kg).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool and dry conditions. You should avoid storage in extremely cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; it is not intended for commercial use.

Statement of Purpose

The Air Walk Trainer helps users get a full-body, low-impact workout by simulating a walking or gliding motion. It improves fitness, flexibility, and muscle tone without putting stress on the joints. Its compact design makes it easy to use at home and suitable for people of all fitness levels.

Waste Disposal



SUNNY HEALTH & FITNESS products are recyclable. At the end of its useful life please dispose of this article correctly and safely (local refuse sites).

EU Declaration of Conformity

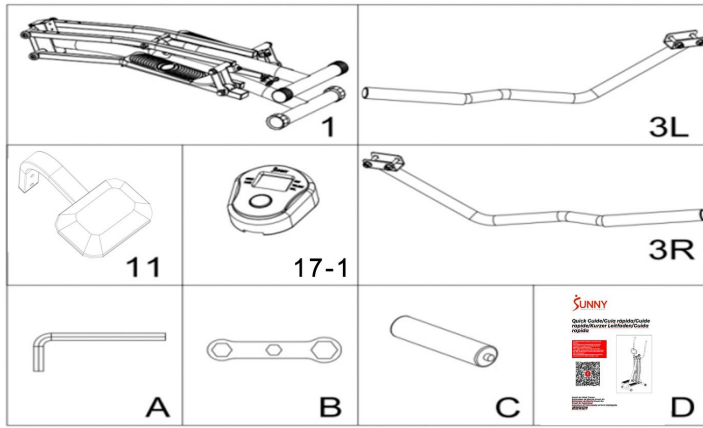
You can find the declaration of conformity at the following link:
<https://sunnyhealthfitness.com/pages/declaration-of-conformity>

Technical Data

Connectivity: Bluetooth LE
Frequency Range: 2400~2483.5Mhz
Transmitting Power: 0dBm

Pre-Assembly Checklist

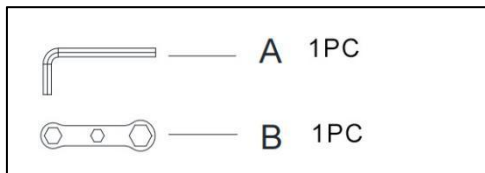
When you open the carton, you will find the following parts:



No.	Description	Spec.	Qty.
1	Main Frame		1
3L	Left Handlebar		1
3R	Right Handlebar		1
11	Support Tube		1
17-1	Meter	JJD2601	1

No.	Description	Spec.	Qty.
A	Allen Key	S6	1
B	Wrench	S10-13-17	1
C	Battery	AA	2
D	Manual		1

Hardware Package



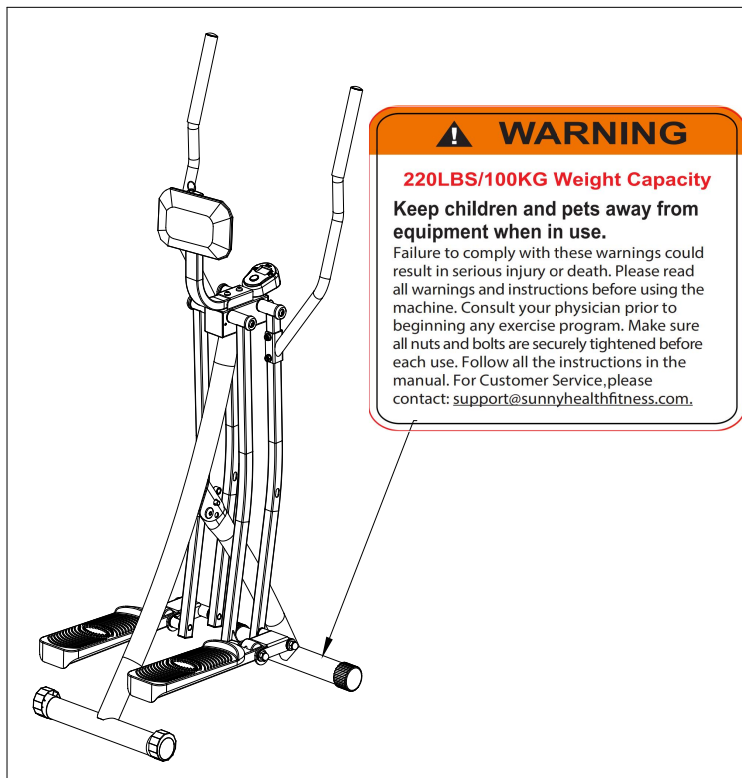
Ordering Replacement Parts

Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number
- ✓ The product name
- ✓ The part number

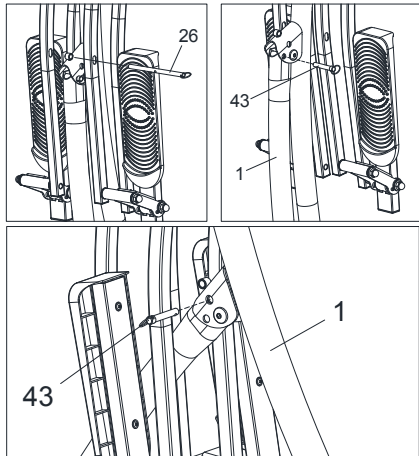
Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

Warning Labels



Assembly Instructions

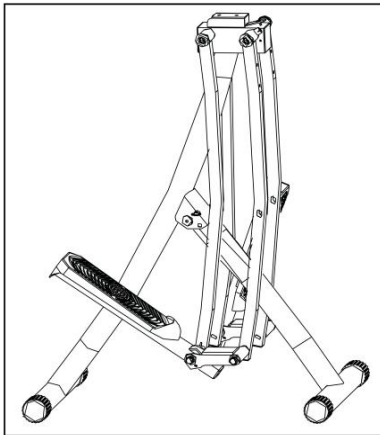
We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



STEP 1:

Unfolding the Air Walker Trainer

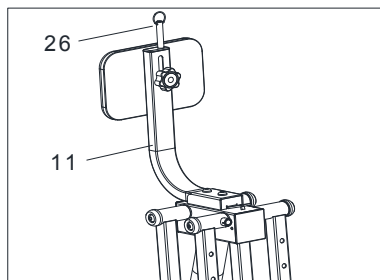
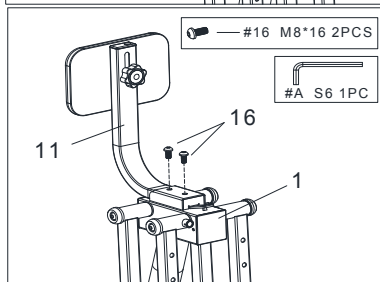
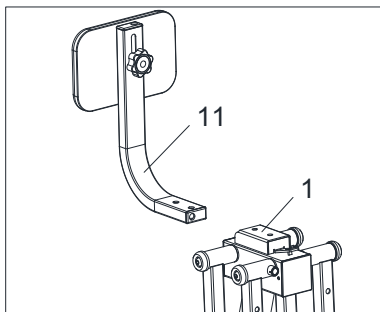
Pull out the large **Ball Pin (No. 26)**, located half-way through the swing bars, to unlock the swing bars. Pull out the **Ball Pin (No. 43)** located in the hinge where the two support tubes meet. This will unlock the **Main Frame (No. 1)**. Unfold the **Main Frame (No. 1)** by pulling apart the support tubes. Reinsert the **Ball Pin (No. 43)** into the aligned holes on the hinge to secure the **Main Frame (No. 1)**. Unfold both pedals to have the machine fully unfolded.

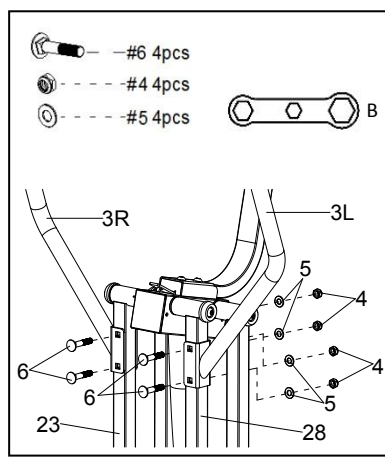
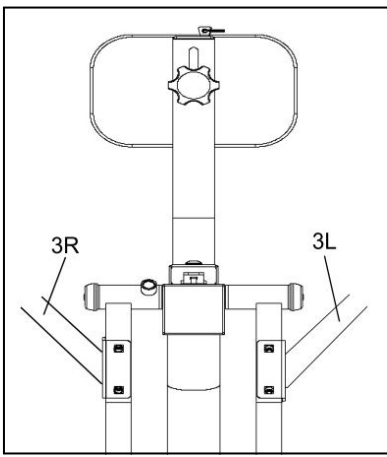


STEP 2:

Attaching the Support Tube

Insert the **Support Tube (No. 11)** into the slot located at the top of the **Main Frame (No. 1)**. Align the holes on the **Support Tube (No. 11)** with the holes on the slot. Insert two **Allen Screws (No. 16)** into each hole and use the **Allen Key (No. A)** to secure them. Insert the large **Ball Pin (No. 26)** into the top hole of the **Support Tube (No. 11)** for safe keeping.

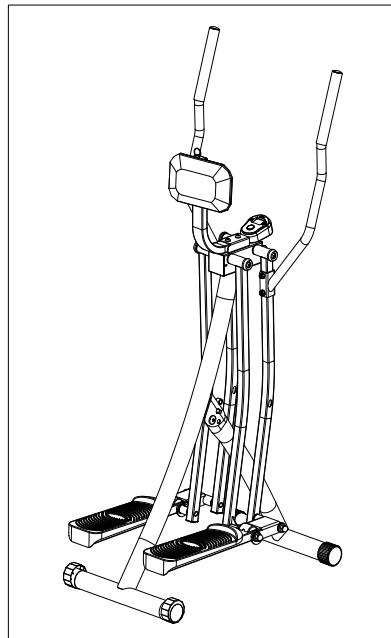
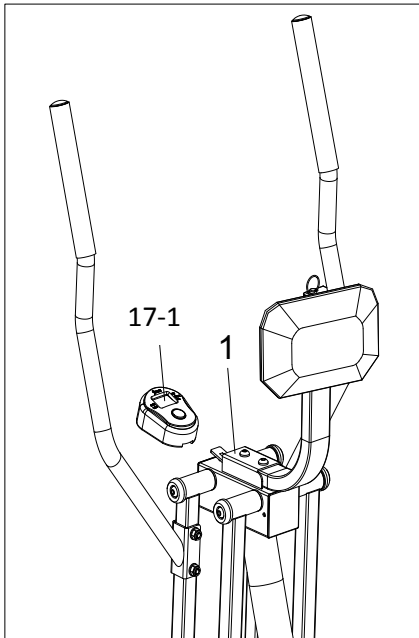




STEP 3:

Attaching the Handlebars

Make sure the square holes on each handlebar are facing outward, as shown on the left. Insert two **Bolts (No. 6)** making sure the square part of the bolts lock into the square holes on the **Left Handlebar (No. 3L)**. Place a **Washer (No. 5)** and a **Nut (No. 4)** on each **Bolt (No. 6)** and use **Wrench (No. B)** to secure the **Left Handlebar (No. 3L)** onto the **Left Front Tube (No. 28)**. Use the same steps to secure the **Right Handlebar (No. 3R)** onto the **Right Front Tube (No. 23)**.



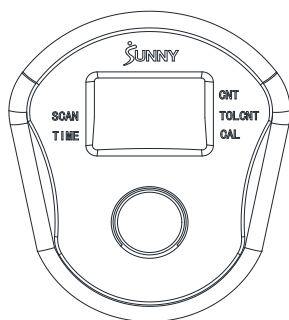
STEP 4:

Attaching the Monitor

Slide the **Meter (No. 17-1)** onto the bracket located on the **Main Frame (No. 1)**.

The assembly is complete!

Exercise Meter



BLUETOOTH

1. The Bluetooth icon will flash when the meter is on or wakes from sleep mode. If no Bluetooth connection is established within 3 minutes, the Bluetooth icon will turn off.
2. The Bluetooth icon will stay on when it is connected.

WIRELESS HEART RATE

1. The wireless heart rate icon will flash when the meter is on. If the heart rate monitor is not connected within 1 minute, the wireless heart rate icon will turn off.
2. After exercise resumes, the wireless heart rate icon will flash. If the heart rate monitor is not connected within 1 minute, the wireless heart rate icon will turn off.
3. When the meter wakes from sleep mode, the wireless heart rate icon will flash. If the heart rate monitor is not connected within 1 minute, the wireless heart rate icon will turn off.
4. The wireless heart rate icon will flash when the MODE key is pressed. If the heart rate monitor is not connected within 1 minute, the wireless heart rate icon will turn off.
5. The wireless heart rate icon will stay on when the heart rate monitor is connected.

NOTE: The heart rate monitor is not included. Wireless heart rate function works with SunnyFit Heart Rate Monitor HR200. HR200 can only connect to the computer when the wireless heart rate icon is flashing.

KEY FUNCTION:

MODE/SELECT: To select the function you want. Hold the key for 3 seconds to reset values CNT TIME CAL except TOT when the Bluetooth is not connected.

Press and hold the MODE key for 6 seconds to disconnect from both the SunnyFit APP and the heart rate monitor; then, the meter will enter sleep mode.

AUTO ON/OFF: The monitor will be turned on automatically when exercise starts or the key pressed. The meter will shut off automatically and disconnect the heart rate monitor if there is no activity for 4 minutes.

FUNCTIONS:

TIME: Display the total time since the exercise started

CNT: Display the steps count while exercising.

CAL: Display the total calories burned while exercising.

TOT.CNT: Display the total steps of all your sessions. The Total Count will be reset once you replace/disconnect the battery.

SCAN: Press the button to select "scan". This function will automatically scan through TIME, CALORIES, TOTAL COUNT and P (PULSE) displayed on the bottom of the monitor.

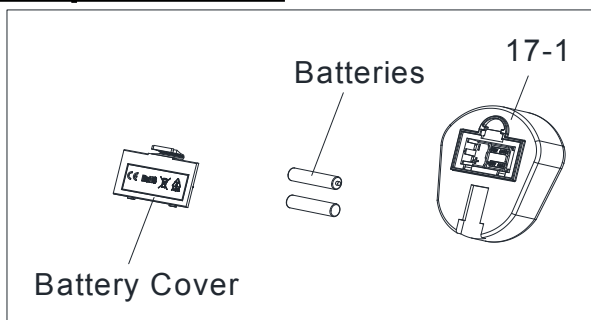
P (PULSE): Display current heart rate value. The data comes from the matching Bluetooth heart rate monitor.

SPECIFICATIONS:

CNT-----	0-9999 TIMES
TIME-----	00:00-99:59 MIN: SEC
CALORIES-----	0-9999 KCAL
TOT.CNT-----	0-9999 TIMES
P (PULSE)-----	40-240 BPM

NOTE: Please replace the battery when the meter does not display properly.

Battery Installation & Replacement



BATTERY INSTALLATION:

1. Press the buckle of the battery cover on the back of the **Meter (No. 17-1)** to remove battery cover.
2. Install 2 AA batteries into the battery case on the back of the **Meter (No. 17-1)**. Pay attention to the battery + and - ends before installing.
3. Press the buckle of the battery cover, then put the battery cover back to the back of the **Meter (No. 17-1)**.

The installation is complete!

BATTERY REPLACEMENT:

1. Press the buckle of the battery cover on the back of the **Meter (No. 17-1)**, to remove the battery cover.
2. Remove the 2 old AA batteries in the battery case and install 2 new AA batteries into the battery case on the back of the **Meter (No. 17-1)**. Pay attention to the battery + and - ends before installing.
3. Press the buckle of the battery cover, then put the battery cover back to the back of the **Meter (No. 17-1)**.

The replacement is complete!

NOTE: Always change both batteries at the same time. Do not mix battery types and do not mix old and new batteries. Dispose batteries according to your state and regional guidelines.

Using The Air Walker Trainer

PLACING YOUR FEET ON THE AIR WALKER TRAINER

Stand behind the Air Walker Trainer with each hand holding one of the handlebars. Make sure to push and pull each handlebar prior to placing your feet on the foot pedals, to feel the tension and motion of the machine. Steadily hold the right handlebar as you place your right foot on the right pedal. Continue to steadily hold each of the handlebars as you balance on your right foot to lift your left foot and place it on the left pedal.

USING THE AIR WALKER TRAINER

For optimal movement you will need to have a steady push and pull motion. As you push one arm, you will need to pull the other arm, in tandem, to create a steady walking motion on the machine. Make sure you are balanced and using smooth, controlled movements.

ADJUSTING THE BALANCE

To achieve a smooth and comfortable ride, you must ensure that the stability of the Air Walker Trainer is secured. If you notice that the Air Walker Trainer is unbalanced during use, simply rotate the **Adjustable Caps (No. 46)** located on the rear stabilizer of **Main Frame (No. 1)** until the Air Walker Trainer becomes level with the floor surface.

APP CONNECTION

Connect Smart Equipment to SunnyFit App:

1. Scan to download SunnyFit from the app store:



2. Ensure that the Bluetooth function is turned on from your mobile device.
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

TROUBLESHOOTING

- If you are having trouble connecting your smart equipment, visit www.sunnyfit.com/guide or scan the QR code below:



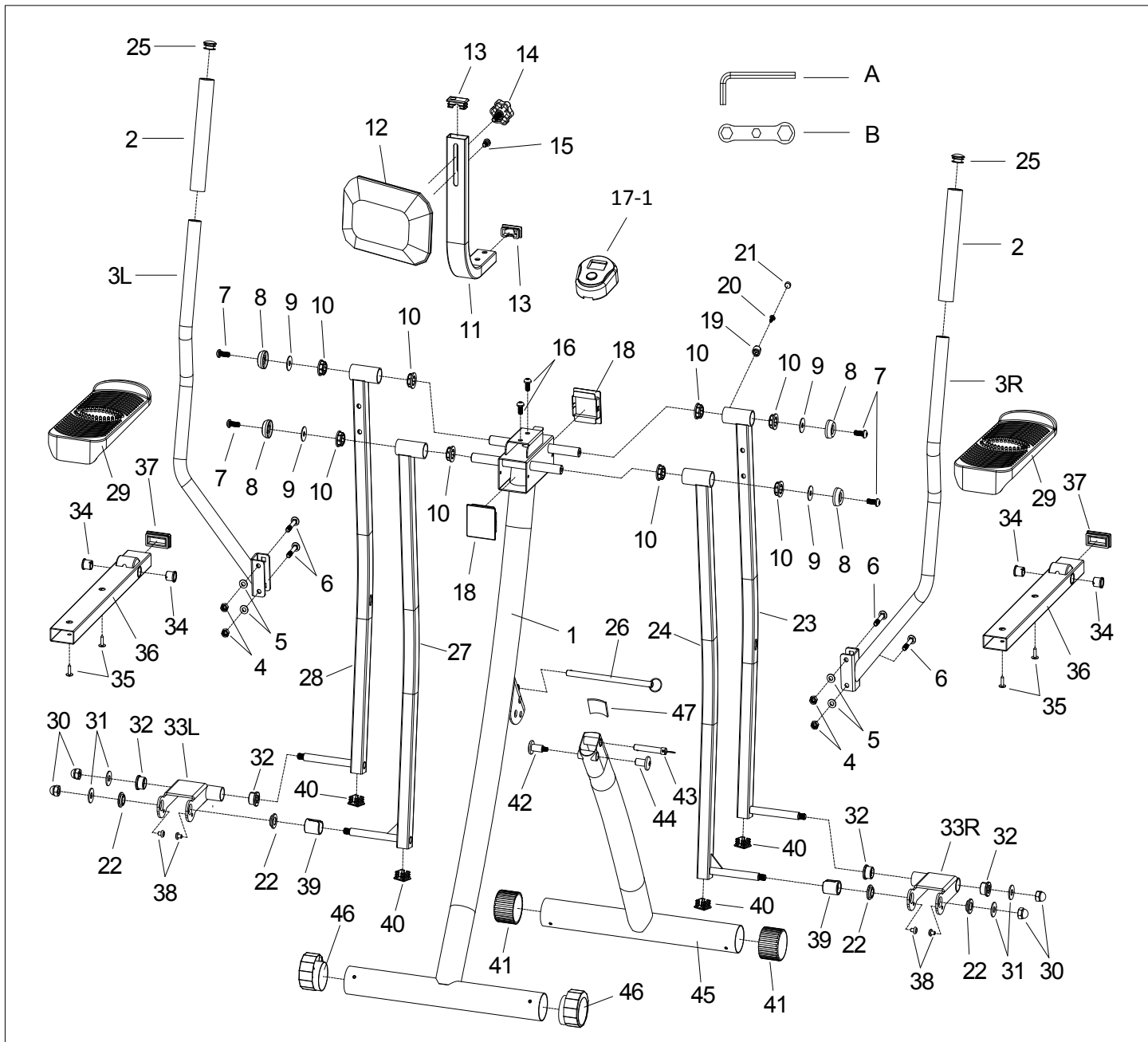
- If you require additional support, please contact support@sunnyfit.com.

Parts List

No.	Description	Spec.	Qty.
1	Main Frame		2
2	Sponge		2
3L	Left Handlebar		1
3R	Right Handlebar		1
4	Nut	M8	4
5	Washer		4
6	Bolt	M8	4
7	Screw	M8	4
8	Bolt Cap		4
9	Washer		4
10	Bearing Sleeve		8
11	Support Tube		1
12	Chest Pad		1
13	Plug		2
14	Knob	M8	1
15	Screw	M8	1
16	Allen Screw	M8	2
17-1	Meter	JJD-2601	1
18	Plug		2
19	Magnet Bracket		1
20	Screw	M3.4	1
21	Magnet		1
22	Cap		4
23	Right Front Tube		1
24	Right Rear Tube		1
25	Plug		1

No.	Description	Spec.	Qty.
26	Ball Pin		1
27	Left Rear Tube		1
28	Left Front Tube		1
29	Pedal		2
30	Nut	M10	4
31	Washer		4
32	Bearing Sleeve		4
33L	Left Pedal Connector		1
33R	Right Pedal Connector		1
34	Bearing Sleeve		4
35	Screw	M5	4
36	Pedal Tube		2
37	Plug		2
38	Stopper		4
39	Connecting Sleeve		2
40	Plug		4
41	Front Cap		2
42	Bolt	M8	1
43	Ball Pin		1
44	Bolt	M8	1
45	Connecting Tube		1
46	Adjustable Cap		2
47	EVA Pad		1
A	Allen Key	S6	1
B	Wrench	S10-13-17	1

Exploded Diagram



Version 1.2

Register

Register your product and verify warranty terms:

Sunnyhealthfitness.com/warranty



Download

Track your fitness progress & join **FREE** workout courses!

Download SunnyFit App today!



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Contact

Get in touch with us for any questions

☎ 1-877-90SUNNY (877-907-8669)

✉ support@sunnyhealthfitness.com

www.sunnyhealthfitness.com